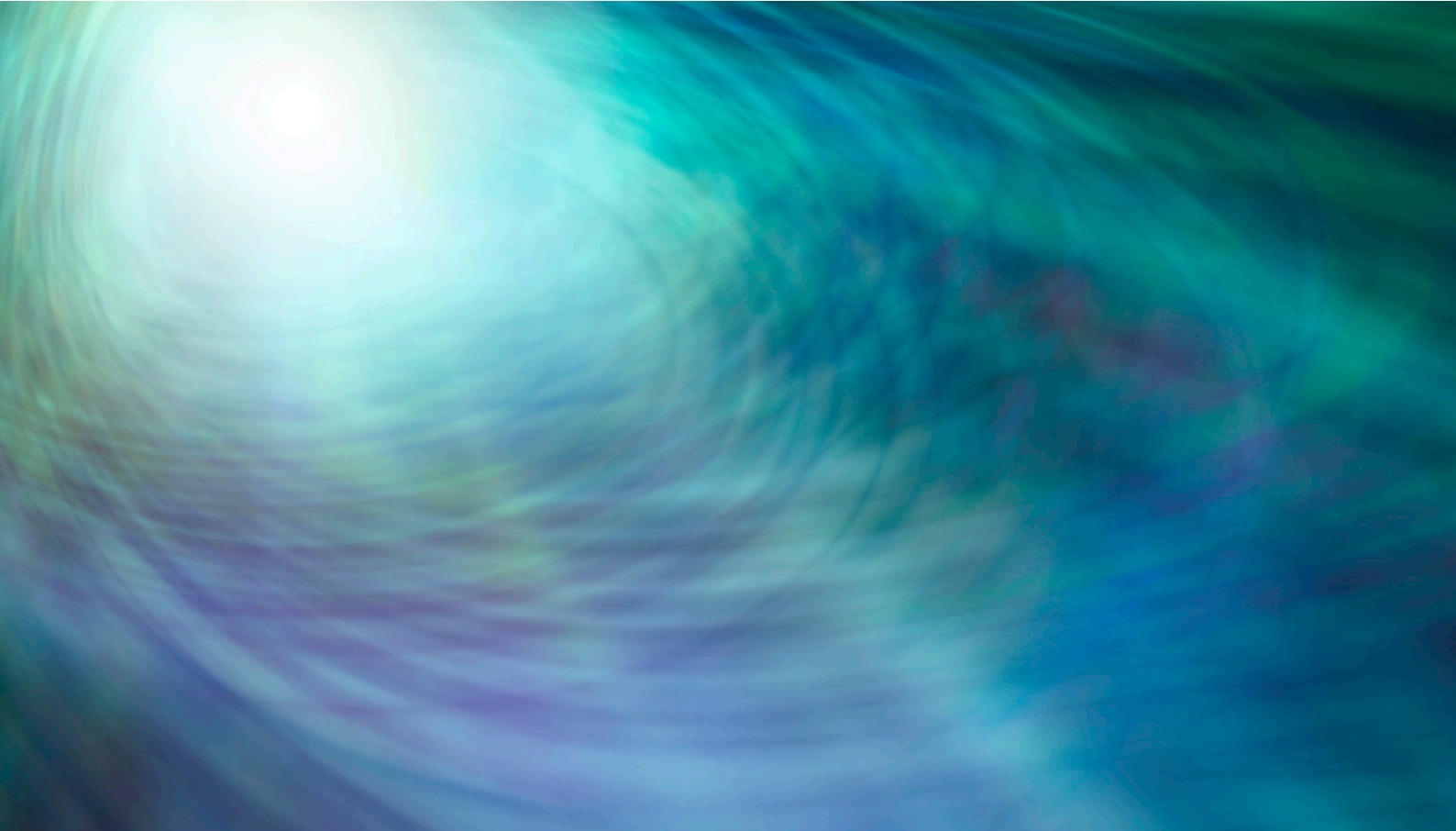




# The Spiral of Prayer



**W**hat is true prayer? What is its nature?

There is a sense in which it is a request, the request being the articulation of desire.

There is a sense in which it is motion, the motion being the exposition of that which gave the desire.

There is a sense in which it is realization, and therefore the crown of the motion, as the motion is the exposition of the request...

You may have many genuflections without prayer at all; but in true prayer the Soul is in Motion. The prayer is the Soul's motion, the inner motion, the Being seeking to find that of which it has latent consciousness.

It is the endeavour to realize more fully the meaning of the glimmering vision which from time to time it glimpses. It is a Divine yearning for reality, the possession of which can alone give satisfaction to the Soul, chase away its doubts, fill its Sanctuary with radiance, and bring to it the heavenly vision for which the whole Being yearns...

And so prayer is of the nature of realization.

It is the request unto that motion which brings the Soul to the realm of realization.

It is therefore the blooming of Life's flower.

It is the opening out of the flower. It is the process

by which the perfect blossom becomes. It is that motion which not only reveals the flower and gives the perfectionment in the blossom; but it is such a motion as pours forth fragrance. Prayer fills the atmosphere with fragrance. You cannot truly pray without changing the conditions around you. Should the conditions be beautiful, you enter into harmony with them. Prayer, therefore, is a process of unfolding. It is blossoming.

It is the outpouring from the cup of Being of the sweet breaths of the Spirit.

It is the resultant, as well as the cause, of the realization of contact with the Holy ONE.

You cannot know GOD without prayer. You can touch the Realms of GOD only by means of prayer. You cannot ascend into the Heavens without its up-carrying motion. For the heart must desire and the desire express itself in motion; and motion leads on to the realization. You cannot pray without blooming. You cannot pray without loving truly.

You cannot pray without pouring forth the fragrance of your Spirit so that others may inhale its breaths and be exhilarated. Life's atmosphere

for all Souls is sweetened when GOD moves within the Being in prayer.

What is the nature of the motion that comes with prayer? It is the motion of the Ætheric atmospheres within us, begotten of the action of the Desire-Principle. That Desire-Principle is Divine. It is the ascension of the Being in a spiral motion. In the spiral there are many degrees. There comes a realization of blooming, then of the full blossoming, then of the outpouring of the fragrance, followed by the realization of the ascension of the Spirit in us as we pass through the several degrees of the Spiral of Being. In the measure of our prayer we realize. In the measure of its purity we ascend into the Heavens. In the degree of its intensity, so is the answer that comes to us. In the degree in which we pray we make atmosphere; we ascend; we realize; we bloom as GOD's flowers; we ascend the Spiral of Consciousness.

*Extracts from 'Divine Renaissance Vol 2'  
by John Todd Ferrier, pages 478 / 80-82*

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For more information regarding the Order of the Cross, please contact:  
[www.orderofthecross.org](http://www.orderofthecross.org) E: [light@orderofthecross.org](mailto:light@orderofthecross.org) T: +44 (0) 20 7117 6059

The Order of the Cross, 27 Old Gloucester Street, London, WC1N 3AX, UK (please note that this is a postal address only).